

## ARE ORTHOTICS RIGHT FOR YOU?



Understanding custom orthotics  
and how they can help you.

Since 1991, Kintec has existed for one purpose:  
**To keep people active, on their feet, for life.**

Today we're one of Canada's largest independent  
orthotic and footwear company and our original  
purpose still inspires everything we do.

**RESERVE YOUR  
NEXT VISIT TODAY**



[kintec.net/booknow](https://kintec.net/booknow)

### Find all locations at [kintec.net/stores](https://kintec.net/stores)

|           |            |             |            |
|-----------|------------|-------------|------------|
| Vancouver | Richmond   | White Rock  | Abbotsford |
| Burnaby   | Port Moody | Maple Ridge | Chilliwack |
| North Van | Surrey     | Langley     |            |

**604-200-FEET (3338) | [kintec.net](https://kintec.net)**

  [@kintecfootwear](https://twitter.com/kintecfootwear)

## Over-the-counter Insoles vs. Custom Orthotics

### What's the difference?

**Over-the-counter insoles** are a great way to  
provide general arch support. They use a variety  
of different materials and arch types and offer an  
affordable way to provide immediate pain relief.

**Custom foot orthotics** are made from a 3D  
impression of your feet. They provide a more  
precise fit and are designed to correct foot function,  
alleviate pain, and improve body alignment.

Custom foot orthotics are adjustable which allow  
them to be fine-tuned as your needs change. They  
can also be designed to fit a broader range of shoe  
types including dress shoes, cleated shoes, skates,  
ski boots, and more.



## A HAPPY LIFE IS AN ACTIVE LIFE

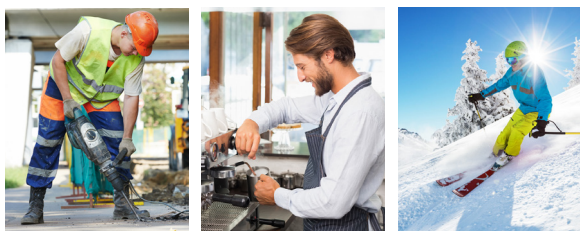
Your foot health is essential to the way you live. The more active you are, the healthier you are, and it's hard to stay active without healthy feet. When your feet and body feel great, you walk more, run more, laugh more, and live a richer life.

## HOW YOUR FEET AFFECT THE REST OF YOUR BODY

Approximately 25% of the bones in your body are located in your feet. When these bones are out of alignment, it causes your body to over compensate when you're standing, walking, or running. This can lead to painful conditions, such as:

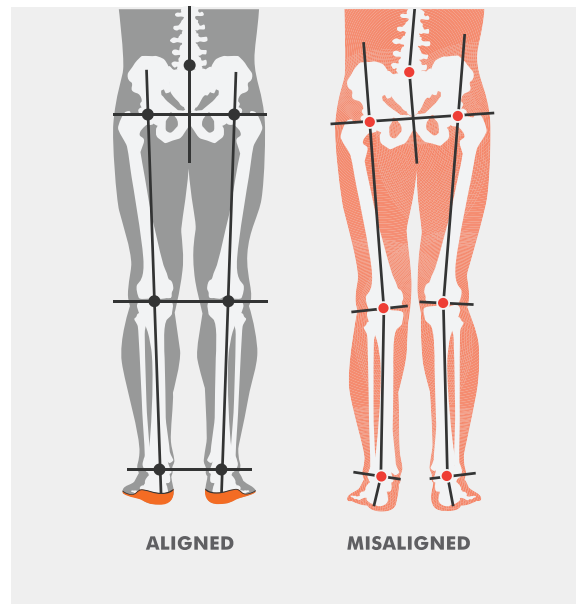
- Plantar fasciitis
- Bunions
- Heel spurs
- Morton's neuroma
- Shin splints
- Knee pain
- Hip pain
- Lower back pain

Custom orthotics can help alleviate pain by correcting your foot function, off-loading painful joints, and improving your overall body alignment.



## ALIGNED VS. MISALIGNED

Your feet are the foundation for your body. Small improvements and adjustments can create significant changes all the way up the chain.



## CANADIAN-CERTIFIED PEDORTHISTS

At Kintec, our team consists of Fitting Experts and pedorthists trained in the assessment, design, and manufacturing of custom orthotics and footwear.

We've helped thousands of people live pain-free by getting relief from debilitating conditions and abnormal mechanics in their feet and lower limbs.



## OUR ASSESSMENT PROCESS

We start by understanding your lifestyle symptoms and history. Next, we conduct a biomechanical assessment and video gait analysis to understand how the mechanics in your feet affect the alignment in your body. We use this information to create a personalized treatment plan that may include a pair of custom orthotics.

## WE STAND BEHIND WHAT WE DO

### One Year Free Adjustments

We offer an industry-exclusive one year period of free adjustments for your custom orthotics to ensure you get the best fit possible.

### Comfort Guarantee

If your orthotics do not improve your overall comfort, we will work with you and your referring medical professional to find a solution or your money back.\*

### Re-assessments for Life

After your 1 Year Free Adjustments period expires, we offer re-assessments on your orthotics for life.

This means that if you ever have a concern about your orthotics, you can book an appointment with a Certified Pedorthist at absolutely no charge.

**Book an appointment with a  
Certified Pedorthist today**

[kintec.net/book-now](https://kintec.net/book-now)

1200+ ★★★★★ 5/5 REVIEWS



\*Learn more at [kintec.net/comfort-guarantee](https://kintec.net/comfort-guarantee)